



HEALTH DETERMINANTS

CU characterization:

CU name:

Health Determinants

Scientific area acronym:

CS

Duration:

Semiannual

Working hours:

112

Contact hours:

36

ECTS:

4

Observations:

Mandatory CU

Teacher in charge and respective teaching load in the CU:

Cláudia Conceição – 27 hours

Other teachers and respective teaching load in the CU:

Isabel Craveiro – 3 hours

Jorge Seixas – 3.5 hours

Rosa Teodósio – 2.5 hours

Intended learning outcomes (knowledge, skills and competences to be developed by the students):

After this unit, students should be able to:

1. To define determinants of health.
2. Describe the effect of cultural, socioeconomic, environmental, individual and genetic factors on individual and population health status.
3. Use data, information and knowledge to discuss the contribution of different factors to individual and population health.
4. Comprehensively discuss the factors that influence a health problem.



INSTITUTO DE HIGIENE E
MEDICINA TROPICAL
DESDE 1902

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Syllabus:

- I. Health determinants. Introduction.
- II. Socio-structural and intermediate determinants of health.
- III. Health determinants. Health systems.
- IV. Health in proto-cities and displaced populations.
- V. Environmental determinants of health. Planetary boundaries.
- VI. Health determinants: nutrition

Teaching methodologies (including assessment):

Theoretical and theory/practical classes, with debate, in which the basic concepts to teach, will be transmitted with audio-visual support. Interpretation of problems and information considering the knowledge acquired in theoretical and theoretical-practical classes.

Tutorial guidance for the group work presentation.

Students, with at least 2/3 attendance, will be evaluated based on two parameters: evaluation of seminar presentations and a written exam (with two components).

References for consultation / mandatory existence:

Available to students in Moodle: websites; references on the slides; full versions of documents considered most important; videos.