

# Consulta de aconselhamento a viajantes

Cláudia Conceição claudiaconceicao@ihmt.unl.pt



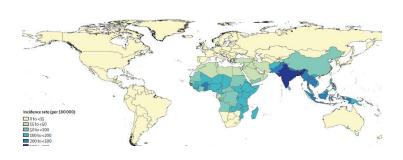






# Porque é preciso ir a uma consulta de viajante?







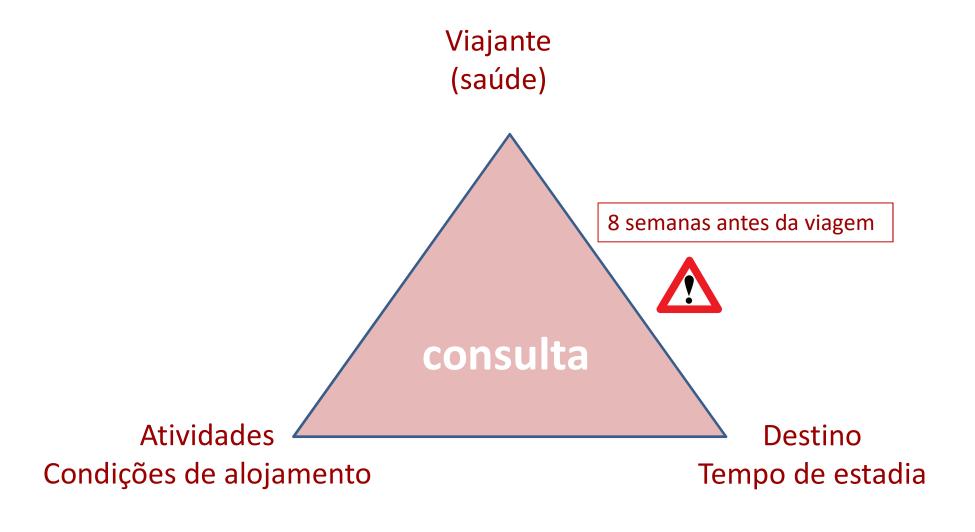








## Estrutura do aconselhamento /consulta









## Proteção contra mosquitos









### Proteção contra mosquitos



Doenças que queremos evitar: malária ou paludismo, febre amarela, dengue, chikungunya, encefalite japonesa, ....

- Vestuário
- Repelentes
- Proteção do local onde se dorme e vive
  - Ar condicionado,
  - As redes mosquiteiras impregnadas de inseticida,
  - Rede / telas nas janelas,
  - Inseticidas









### **Vacinas**

- Verificar o cumprimento das vacinas do Programa Nacional de Vacinação (boletim individual de saúde)
- Vacinas a ponderar conforme o destino, tempo de estadia e atividades que se desenvolvem



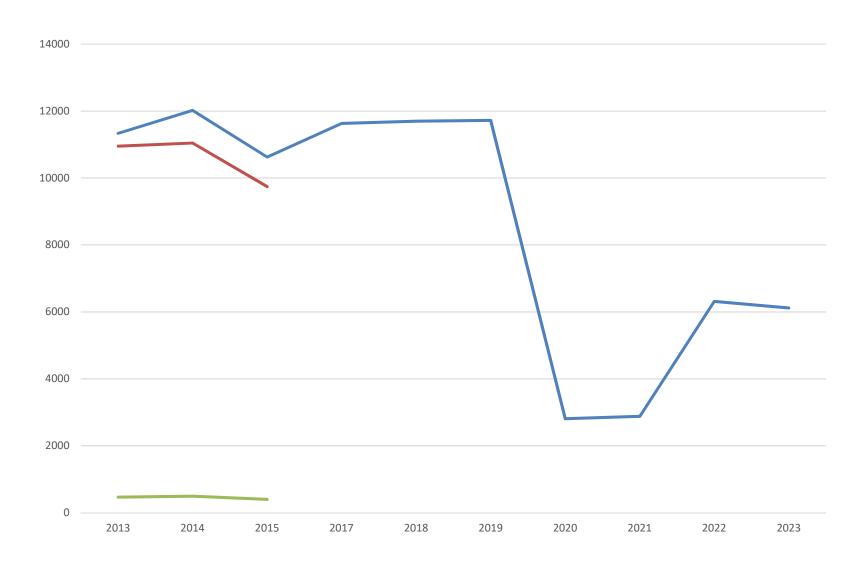
"Vacinas obrigatórias" pode estar relacionado com vacinas contra

- Febre amarela (Regulamento sanitário internacional)
- Meningite meningocócica
- Poliomielite

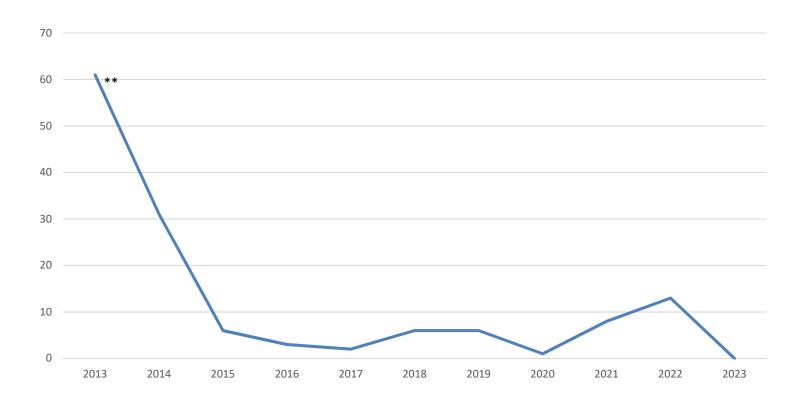




# ADMT, número de consultas 2013-2022



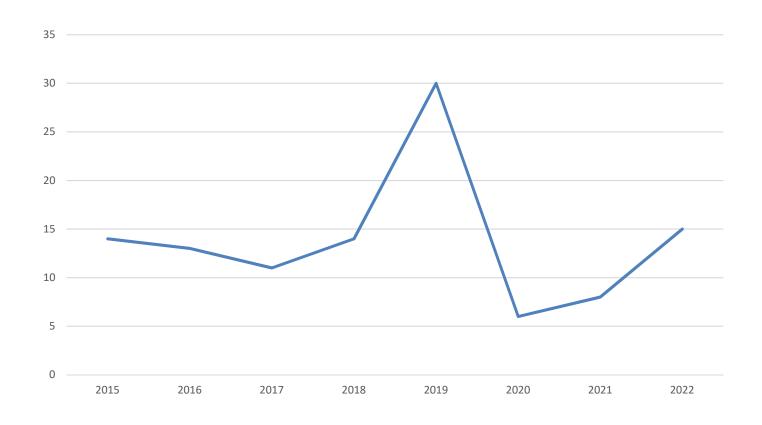
# Número de casos de Dengue diagnosticados no IHMT, 2014- 2023



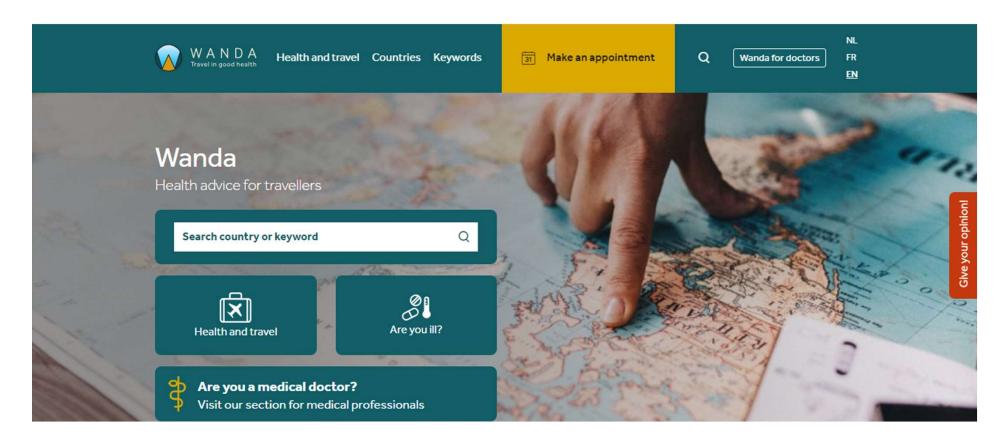
teste positivos NS1 e/ou IgM

<sup>\*\*</sup>J Infect Dev Ctries 2014; 8(9):1210-1215. doi:10.3855/jidc.4910; 61 casos no lab. IHMT

# Número de casos de Dengue importados em Portugal, 2015-2022



European Centre for Disease Prevention and Control. Dengue. In: ECDC. Annual epidemiological report for 2021. Stockholm: ECDC; 2023. https://www.ecdc.europa.eu/en/publications-data/dengue-annual-epidemiological-report-2021; Outros relatórios anuais; Surveillance Atlas of Infectious Diseases, <a href="https://www.ecdc.europa.eu/en/surveillance-atlas-infectious-diseases">https://www.ecdc.europa.eu/en/surveillance-atlas-infectious-diseases</a>, acedido em 2 de maio de 2024



https://www.wanda.be/en/

Recurso do Instituto de Medicina Tropical de Antuérpia, Bélgica

# Dengue vaccination

Latest update: 4 October 2023 - Authors: Nele Alders, Ula Maniewski

The vaccine **Qdenga®** reduces the risk of a **severe** <u>dengue</u> infection. This vaccine may be administered to children from the age of **4 years**. It is a **live attenuated** vaccine and therefore should **not** be used in certain **immune disorders**, during **pregnancy** or **breastfeeding**.

Dengvaxia® is not available in Belgium and is not recommended for travellers.

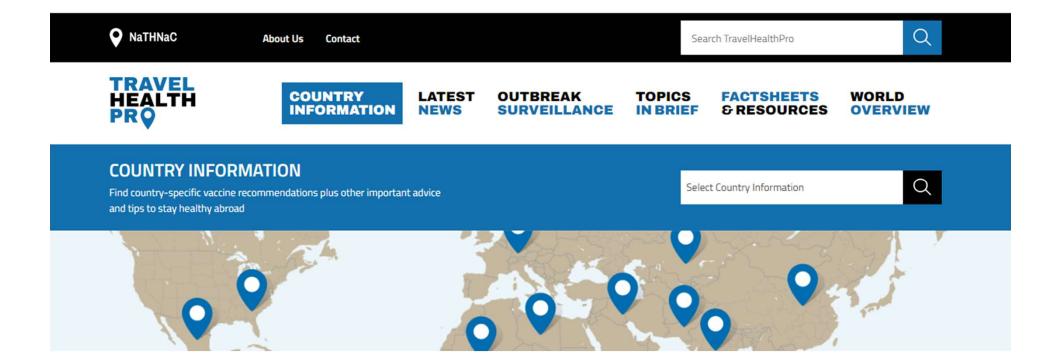
### When is vaccination recommended?

Travellers who have already had dengue at least six months earlier and

- are staying in a high-risk area for a long time (> 4 weeks) or travelling frequently through a high-risk area for dengue
- · can receive two doses before departure

### Vaccination schedule Qdenga®

- The schedule consists of two doses at a 3-month interval.
- The duration of protection has not yet been determined.



TRAVELHEALTHPRO,Inglaterra, Pais de Gales e Irlanda do Norte, UK https://travelhealthpro.org.uk/countries



### Qdenga® dengue vaccine guidance

Joint Committee on Vaccination and Immunisation (JCVI) deliberations on Odenga® vaccine now available

Updated: 21 March 2024

Take extra precaution

A live, attenuated (weakened) dengue vaccine called Qdenga® is licensed in the United Kingdom (UK). The Joint Committee on Vaccination and Immunisation (JCVI) Travel Sub-Committee (TSC) has reviewed the vaccine information and the minutes of their meeting and the main JCVI meeting are now available on the JCVI website.

The JCVI has recommended that the following groups could be offered the Qdenga® vaccine:

Individuals aged 4 years of age and older who have had **dengue infection in the past** and who are:

 planning to travel to areas where there is a risk of dengue infection or areas with an ongoing outbreak of dengue

or

 exposed to dengue virus through their work, for example, laboratory staff working with the virus

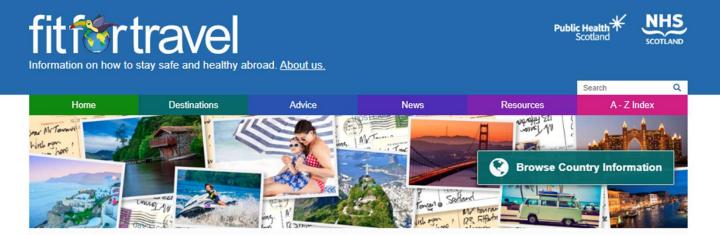
https://travelhealthpro.org.uk/news/763/qdenga-dengue-vaccine-guidance



At the current time JCVI have stated that Qdenga® vaccination could not be advised for seronegative individuals in the UK. The information from clinical trials to date is insufficient to make a recommendation for these individuals. There is a theoretical risk of severe dengue if a person with no previous dengue infection is vaccinated and then is later infected with dengue virus DENV 3 or DENV 4 serotypes (see dengue overview below).

The Joint Committee on Vaccination and Immunisation (JCVI) Travel Sub-Committee (TSC) https://travelhealthpro.org.uk/news/763/qdenga-dengue-vaccine-guidance

### What do I need to know before I travel?



https://www.fitfortravel.nhs.uk/destinations

A dengue fever vaccine called Qdenga® is licenced in the UK.

- > The vaccine is only recommended for some travellers that have been infected with dengue in the past
- You should arrange a travel health consultation if you wish to discuss if the dengue vaccine may be suitable for you

A vaccine for some people living in dengue-affected countries (and who have had dengue infection before) may be available in those countries.



#### Vaccines and Preventable Diseases

Vaccines & Preventable Diseases Home > Vaccines by Disease > Dengue



### Dengue Vaccination: What Everyone Should Know

Print



Sanofi-Pasteur will stop manufacturing its dengue vaccine for children. The manufacturer is discontinuing the vaccine citing a lack of demand in the global market to continue production of this vaccine. CDC, in collaboration with the Puerto Rico Department of Health, will continue alerting health professionals about the discontinuation of Dengvaxia and the use of this vaccine as recommended by the Advisory Committee on Immunization Practices (ACIP). Dengvaxia is safe and effective when administered as recommended. There are two other dengue vaccines either approved or in late stages of development. However, they are not currently available in the United States. People can continue to protect themselves and their families from dengue by preventing mosquito bites and controlling mosquitoes in and around their homes.

### **Key Facts**

One type of dengue vaccine is available for use in areas with risk of dengue in the United States:

Dengvaxia® dengue vaccine

On This Page

**Key Facts** 

Who Should Get a Dengue Vaccine?

https://www.cdc.gov/vaccines/vpd/dengue/public/